

### **A warm-hearted person**

Do you know “Shing Kee Noodles”? “Shing Kee Noodles” is a traditional small noodle shop. It started in Shatin, Lek Yuen Estate. It has been a family business for over sixty years. It has been opened since 1956. The noodle shop sells set lunch and noodles in the afternoon. It also sells hot pots in the evening.

Cheung Man Keung, known as “B Gor”, is the owner of “Shing Kee Noodles”. He is a warm-hearted person. He was born and grew up in Shatin, so he loves his community and neighbourhood around him. As many elderly live in Shatin Lek Yuen Estate, B Gor started his monthly ‘Elderly Happiness Day’ ten years ago. He offers free noodles for elderly on the first Sunday of each month. The elderly can join the ‘Elderly Happiness Day’ with their friends. They can choose their favourite food. They can enjoy their meals and listen to music at the same time.

At the beginning, B Gor gave noodles to only 100 elderly, but with the growth of his business, he started to provide more noodles for more elderly. He is so generous. Besides giving free noodles, he also gives gift boxes, like toothbrushes, toothpaste and fruits for the elderly. Although the gifts are not expensive, they are practical.

As B Gor organizes ‘Elderly Happiness Day’ regularly, some people were touched by his unselfish action. They started to help him on the ‘Elderly Happiness Day’. There are about 20 volunteers that provide free haircuts to the elderly every two months. What’s more, B Gor even sometimes organizes different community events for his neighbourhood, like bowling competitions and beach clean-ups.

B Gor is an amazing person. He is kind and loving. He cares for his neighbourhood and helps others in need. B Gor is our good role model. From his contribution, we can learn that we can make a difference to our community and neighbourhood by showing love and kindness to others. We should support good deeds. We should also encourage people around us to spread and share our love and care to others. Building a loving community will make us happy.